



# Trinity Episcopal Church – 636-949-0160

## September 2011 Menu

### Nuevo/New!

#### B10 - Oferta de Canasta Familiar (The Discount Family Basket)

Las cantidades son limitadas. Asegúrese de que el suyo pedido, mientras duren las existencias!

Quantities are limited. Make sure to order yours today while supplies last!

- 4 lb. Cuartos de Perno de Pollo (**Chicken Leg Quarters**)
- 3 lb. Asado de Cerdo (**Pork Roast**)
- 3 (1 lb. pkgs.) Carne de Res Molida 80/20 (**80/20 Ground Beef**)
- 3 lb. Frijoles Pintos (**Pinto Beans**)
- 2 lb. Frijoles Negros (**Black Beans**)
- 3 lb. Arroz (**Rice**)
- 2 lb. Mezcla de Tres Vegetales-Zanahorias, Frijoles y Maíz (**3-way Vegetable Blend-Carrots, Beans & Corn**)
- 2 lb. Zanahorias Cortadas (**Sliced Carrots**)

**\$35.00\***

#### B4 – Golden Cuisine Convenience Meals Great for seniors and people on the go!

- Mesquite Chicken
- Spaghetti & Meatballs
- Boneless Pork Patty with BBQ sauce
- Fettuccini Alfredo
- Lemon Pepper Fish
- Beef Stew
- Macaroni & Beef
- Sweet & Sour Chicken
- Fiesta Chicken
- Omelet with Pork Sausage

**\$29.00\***

Specific meal details can be found at [www.angelfoodministries.com](http://www.angelfoodministries.com)

### B6 - Just 4 Me After School Box

An assortment of child-friendly snacks.  
Great for after school or any time.

- 2 lb. Fully Cooked Chicken Tenders
- 3 (5.7 oz.) Fully Cooked Hamburgers
- 2 (8 oz. pkg.) Corn Dogs
- 24 oz. French Fries
- 2 (5 oz.) BBQ Sandwiches
- 2 (5 oz.) Chicken Biscuits
- 2 (5 oz.) Sausage Biscuits
- 4 (2.8 oz.) Peanut Butter & Jelly Jamwiches
- 4 (2 oz.) PBJ on Graham Wafers
- 2 (3 oz.) Grilled Cheese Sandwiches
- 4 (3.25 oz.) Chocolate Non-Fat Frozen Yogurt

**\$25.00\***

### B8 - Just 4 Me After School Fruit and Veggie Box

- 3 Red Apples
- 3 Green Apples
- 3 Pears
- 3 Oranges
- 1 Stalk, Sleeved Celery
- 1 lb. Mini Peeled Carrots
- 1 (6 pk.) Applesauce
- 1 (6 pk.) Raisins
- 8 oz. Trail Mix

**\$17.00\***

### B1 - Bread of Life Signature Box Now with More Protein and More Veggies!

- 1.5 lb. Stuffed Chicken Breast Cordon Bleu – Filled with Cheese and Ham (4 x 6 oz.)
- 1.5 lb. (avg.) Boneless Pork Roast, Netted with Pop-Up Timer
- 1.5 lb. Turkey Burgers (4 x 6 oz.)
- 1.5 lb. (avg.) Perdue Tray Pack Boneless Skinless Chicken Breasts
- 2 lb. Lasagna with Meat Sauce
- 1 lb. Redwood Smoked Sausage
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Ground Chicken
- 1 lb. Ground Turkey
- 24 oz. Crispy Thin Cut Fries
- 1 lb. Shoepeg White Corn
- 1 lb. Julienne Carrots
- 1 lb. Sugar Snap Peas
- 1 lb. Cut Green Beans
- 1 lb. Butternut Squash
- 1 lb. 3-Way Veggie Blend
- 1 lb. Mixed Cut Yellow Wax Beans

**\$35.00\***

### B2 – Bit O' Blessing Box Temporarily Suspended Watch for our Online Special!

### B5 – Allergen Free Food Box Temporarily Discontinued - Watch for our new and improved Allergen Free Box Coming Soon!

**SHELF STABLE BOXES - GREAT FOR RESTOCKING YOUR PANTRY, YOUR COMMUNITY FOOD PANTRY AND DISASTER RELIEF**

### B7 - Just 4 Me No Child Goes Without

"Blessing America's Children, one Box at a Time"

- 2 (5 oz.) Canned Chicken
- 1 (7.5 oz.) Beans & Wieners
- 1 (7.5 oz.) Cheezy Mac 'N Cheese
- 1 (7.5 oz.) Mini Beef Ravioli
- 1 (7.5 oz.) Spaghetti and Mini Meatballs
- 1 (7.5 oz.) Cheezy Mac 'N Franks
- 1 (7.5 oz.) Noodle Rings & Chicken
- 7 (1 oz.) Cereal Bowls
- 12 oz. Peanut Butter
- 19 oz. Grape Jelly
- 24 oz. Applesauce (6 x 4 oz.)
- 16 oz. Fruit Cups (4 x 4 oz.)
- 6 (1.38 oz.) Fruit & Grain Bars
- 3 (.85 oz.) Crispy Rice Bars
- 32 oz. 2% Shelf Stable Milk

**\$25.00\***

### NEW! B9 - Shelf Stable Pantry Box

- 10 oz. Canned Chicken (2 x 5 oz.)
- 28 oz. Canned Tomatoes
- 12 oz. Peanut Butter
- 19 oz. Grape Jelly
- 2 lb. Pasta (2 x 1 lb.)
- 1 lb. Rice
- 1 lb. Dry Beans
- 16 oz. Pancake Mix
- 14 oz. Blueberry Muffin Mix
- 6 oz. Breakfast Cereal
- 64 oz. 2% Shelf Stable Milk (2 x 32 oz.)

**\$21.00\***

### B3 - Bountiful Blessing Box Now with More Protein and More Veggies!

- 1.5 lb. Stuffed Chicken Breast Cordon Bleu – Filled with Cheese and Ham (4 x 6 oz.)
- 1.5 lb. (avg.) Boneless Pork Roast, Netted with Pop-Up Timer
- 1.5 lb. Turkey Burgers (4 x 6 oz.)
- 1.5 lb. (avg.) Perdue Tray Pack Boneless Skinless Chicken Breasts
- 2 lb. Gourmet Dining Chicken Fried Rice Stir Fry Meal
- 1 lb. Seasoned Chicken Kabobs (4 x 4 oz.)
- 2 lb. Lasagna with Meat Sauce
- 1 lb. Redwood Smoked Sausage
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Ground Chicken
- 1 lb. Ground Turkey
- 1 lb. Sliced Bacon
- 1 lb. Winter Blend (Broccoli & Cauliflower)
- 1 lb. Brussels Sprouts
- 24 oz. Crispy Thin Cut Fries
- 1 lb. Shoepeg White Corn
- 1 lb. Julienne Carrots
- 1 lb. Sugar Snap Peas
- 1 lb. Cut Green Beans
- 1 lb. Butternut Squash
- 1 lb. 3-Way Veggie Blend
- 1 lb. Mixed Cut Yellow Wax Beans
- 12 oz. Gourmet Brownies (4 x 3 oz.)

**\$46.00\***

### S1 - SEPTEMBER SPECIAL #1 **\$33.00\***

- 5 lb. Steak Special
- 3 lb. T-Bone Steaks (4 x 12 oz.)
- 2 lb. Sirloin Steaks (4 x 8 oz.)

### S2 - SEPTEMBER SPECIAL #2 **\$26.00\***

- 6 lb. Chicken Breast Special
- 2 lb. Honey Mustard Flavored Chicken Breasts (8 x 4 oz.)
- 2 lb. Italian Flavored Chicken Breasts (8 x 4 oz.)
- 2 lb. Chicken Breast Fajita Strips (2 x 1 lb.)

### S3 - SEPTEMBER SPECIAL #3 **\$24.00\***

#### Premium Fresh Fruit and Veggie Box

- 2 ct. Romaine Hearts
- 4 Baking Potatoes
- 2 lb. Bag, Yellow Onions
- 1 lb. Carrots
- 1 Head, Green Cabbage
- 1 Stalk, Sleeved Celery
- 2 lb. Bag, Apples
- 1 Golden Ripe Pineapple
- 1 Cantaloupe
- 3 lb. Bag, Oranges
- 1 lb. Bag, Kiwi Fruit
- 1 (6 pk.) Raisin

\*all prices are plus sales tax where applicable.

Please see our website for more limited quantity specials

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-941

Trinity Episcopal Church  
318 South Duchesne Drive  
St. Charles, MO 63301  
Order Deadline: 9/18  
Pickup: Saturday, 9/24 between 8 and 9 a.m.  
[www.angelfoodministries.com](http://www.angelfoodministries.com)

