



Trinity Tidings February, 2010

Trinity Episcopal Church

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From the Rector

In February, we complete the Season after the Epiphany and enter the Season of Lent. On Valentine's Day, which happens before Lent starts this year, we'll be hosting Lindenwood University International Students for a special meal. On Shrove Tuesday, our Men's Club will serve the annual Pancake Supper, and we will burn palms in a dramatic blaze on the front steps of the Church. On Ash Wednesday, we will hold two services, one at Noon and one at 6:30 p.m. We will begin a Lenten program in the Bible Study Group, He Walked in Galilee, and a Sunday afternoon program on Lenten practices and approaches to prayer. We will change the format of the Wednesday evening services to allow for reflection and silence.

Also in February, your Vestry will hold two meetings, the one regularly scheduled on Feb. 11, and a joint meeting with Transfiguration Church in Lake St. Louis on Feb. 28, in Lake St. Louis, at 12:30 p.m. That joint meeting is to discuss sharing with Calvary Church in Columbia the organization of their annual Charity Horse Show.

"The Church Show," as horse-people call it, has been held in Columbia for the past 19 years. It has grown from a one-day show to a four-day event, with all kinds of opportunities for people to be involved. The show has to move from Columbia, as the venue they have used for the last fifteen years is closed. They propose to move the show to Lake St. Louis and to ask Trinity Church and Transfiguration Church to "own" it in the future. If we agree, we would co-sponsor this year's show Oct 14-17.

This is not a fund-raiser for the congregations; it's a fund-raiser for charities, decided and announced each year before the event. In the past 19 years, the Church Show has raised more than 250 thousand dollars for organizations such as homeless shelters the Central Missouri Food Bank, therapeutic riding programs, and other charities. The show has won awards from people who evaluate horse shows, including the best in Missouri. This is an exciting, if somewhat daunting, opportunity for mission. Please pray for discernment as we consider this possibility.

February 2 sees our third meeting of the Missional Model Congregations group for the diocese. As you heard at the Annual Parish Meeting and have read twice in this column, Trinity Church is part of a pilot program in the Diocese of Missouri. Engaging the mission of God is to be the guiding principle for everything we do. We are already focused in this direction, with our new mission statement, and our new structure. With five other congregations, we will explore how we might become even more clear about who we are and what we offer as the Church in this place and at this particular time, in *Faith · Compassion · Community*. As we move toward our 175th birthday in 2011, this is an ideal time for us to refine our understanding of our part in God's mission to the world. —TEW

Trinity Church Now Angel Food Host Site!

We are now an official host site for the Angel Food Ministries, which means more visibility and service!

Coming Soon: New Sign; Automatic Doors

Thanks to the generous posthumous gift of Amy Diggs and the memorial funds given in memory of Don Moore, Trinity Church is about to acquire a 21st Century LED sign. Thanks also to Amy Diggs, doors to the Church and the Reception Area will be adapted for automatic openers. Both sign and the openers will be in place by mid-February. Don Moore took care of the sign for more than eight years; Amy Diggs wanted improved accessibility and visibility for our parish. We are blessed!

A Note from Bill Verhine: T-R-A-S-H

I know as I write this article, that I will offend someone. Let me apologize in advance. That being said: When you take trash out to the dumpster,

PLEASE PUT IT INTO THE BIN!

If you put it next to the bin, not having a brain, it does not realize that it is supposed to jump *INTO* the bin. It just sits there until someone else comes by and takes care of it—and puts it *INTO* the bin.

Your help in this area will be greatly appreciated!
Thanks, Bill Verhine

ABOUT OUR PARISH FAMILY

February Birthday Wishes To:



Pat Gutgesell	2/02
Mabrie Rae Hutson	2/02
Cindy Tejero	2/04
Robert Horning	2/07
Kurt Wainwright	2/10
David Bricker	2/12
Ray Gigliotti	2/16
Robert Gassow	2/17
Megan Burleigh	2/23
Amanda Burleigh	2/23
Lindsey Barillier	2/23
Betty Bowen	2/25
Keith Hazelwood	2/27
Carol Paul	2/27
Rick Lackey	2/27
Kathy Warren	2/28

February Anniversaries



Keith & Regina Dowling	2/2
Jerry & Nancy Aehle	2/12
Tom & Mary Kamada	2/20
Mark & Jane Huskison	2/25

Departed:

Georgette Colby, mother of The Rev. Doris Westfall, grandmother of Christopher, Stephen and Robert.

Nancy Hart, former member of Trinity Church and widow of Maurice Hart.

Janet Regot, a friend of Anne Shatro.

Thanksgivings:

For the birth January 19 of *Jamee Rochelle*, daughter of Ray and Miranda Gigliotti and granddaughter of Carolyn Hackman and Jim Gigliotti.

Correction:

For the baptism Dec. 26 of *Madeline Anne Bossomo*, daughter of Andrew and Amanda Nickens Bossomo; granddaughter of Kathleen Nickens; great-granddaughter of Anne Shatro, goddaughter of Rachel Nickens and Sean Johnson.

Please contact the office at 636-949-0160 if your birthday or anniversary was not included so we can enter it into the computer.

Trinity Tidings

Articles for the *Trinity Tidings* can be emailed to Deanna Miller at dymiller@charter.net.

DO YOU NEED A PRAYER?



If you would like someone to pray for you or a friend, please place your requests in the little box on the table in the entrance of the Church.

Your requests are kept confidential, and prayers will be said for you everyday for one week.

We all need help sometimes, so please don't be afraid to ask for a prayer! We are here to help each other get through the rough times and the good times!

LET US PRAY FOR YOU!

HAPPY BAPTISMAL ANNIVERSARY



Judy Makins
Robert Gossow

You mark a place in your journey of formation today. Celebrating this anniversary reminds us, challenges us, and encourages us, to follow Christ Jesus.

God Bless you as you celebrate the anniversary of your baptism.



KNITTING GROUP

Anyone is welcome to join the busy Knitters on the 2nd and 4th Wednesday of every month at 11:30 am in the St. Hilda Room (upstairs) We are back to making Prayer Shawls.

Please help us to know who you are by wearing your Name Tags!

Thank you!

FEEDING THE HUNGRY

Jesus calls us to *feed the hungry* and on Saturday, January 23rd, the West of 50 Group sponsored a lunch for the homeless at St. John's United Church of Christ on Fifth Street.

St John's started this program in December and on the second Saturday of each month they will be serving a lunch to the homeless. Trinity has the opportunity to join St. John's by serving lunch on the 4th Saturday of each month.

This is a wonderful way for us to reach out into the community, but in order for us to do this we should plan to have at least 4 groups of 6 people so that one group only has to work once every four months.

Several people have all ready said they are interested, and I am sure there are others who would like to take part in this very 'hands-on' outreach program.

There is a Sign-Up Sheet under the Outreach Section on the Bulletin Board for those who are interested in preparing and serving lunch on the 4th Saturday of each month. If we have enough people to work this new program we will discuss this at the next Outreach Meeting on February 9th.

Thank you for answering Jesus' call for us to reach out to feed the hungry.

God Bless, Betty

SHROVE TUESDAY – FEB. 16



The WEST OF 50 Group is sponsoring an outing to the Missouri Botanical Garden on **THURSDAY, FEB. 18TH from 9:30 – 2:30.**

The cost is \$13.00 per person which includes admission to the Garden and the Orchid Show. Lunch is optional and will be an additional cost.

There is a Sign-up sheet on the Bulletin Board. We need to know by **February 11th** how many people are going, and payment is due on that same day.

We hope we can get a group of at least 12-15 people to join us.

The Trinity Men's Club will host their annual pancake/sausage dinner from 5-7 pm.

The cost is \$5 per adult and \$2 for those under 12 years of age. The cost will be \$14 for a family of 4 or more. Please come!

God doesn't call the
qualified, God qualifies
the called.

Attention Singles

- Potluck dinner at Sydney's with cards (Canasta).
- Game Night at Trinity
Feb 26
6:30pm

Bring a game and snacks to share

- RSVP to Carol Nicholson
cdnic@sbcglobal.net

Spiritual Reading

Fridays

10 am

St Hilda Room

New Book

Starting Feb 5

The Challenge of Jesus

By

N. T. Wright

All Welcome!

February 7, 2010

8am

Eucharistic Minister
Keith Hazelwood
Usher: Bill Warren
Acolyte: Will Whistler-Brown

10:15am

Eucharistic Ministers
Judy Makins
Nancy Noel
Lector: Bob Brown
Ushers: Bart Slatton & Gail Miller
Acolytes: S/C: Jessica Heupel
T: Kathy Longton
T: Jesse Longton

February 14, 2010

8am

Eucharistic Ministers
Pat Willmering
Usher: Bob Sundermeyer
Acolyte: Mark Meyer

10:15am

Eucharistic Ministers:
Mark Vogel
Carolyn Hackman
Lector: Sydney Griffith
Ushers: David Bricker & Debra Bricker
Acolytes: S/C: Will Whistler-Brown
T: Heather Braucksick
T: Ben McCune

February 17, 2010

Ash Wednesday

12pm

Eucharistic Minister
Carolyn Hackman
Usher: Jackie Halter

6:30pm

Eucharistic Ministers:
Jon Murray
TBA
Lector: Michael Geiler
Usher: Iris Wright
Acolyte: Mark Meyer

February 21, 2010

8am

Eucharistic Minister
Keith Hazelwood
Usher: Pat Willmering
Acolyte: TBA

10:15am

Eucharistic Ministers:
Jon Murray
Avril Arthurton-Brudy
Lector: Mike Nichols
Ushers: Bob Brown & Holly Murray
Acolytes: S: Cindy Lackey
C: Becky Lackey
T: Jesse Longton
T: Kathy Longton

February 28, 2010

8am

Eucharistic Minister
Bob Brown
Usher: Keith Dowling
Acolyte: Mark Meyer

10:15am

Eucharistic Ministers:
Mark Vogel
Carolyn Hackman
Lector: Barbara Ritter
Ushers: Bob Horning & Jim Gigliotti
Acolyte: Will Whistler-Brown

March 7, 2010

8am

Eucharistic Minister
John Nichols
Usher: Bill Warren
Acolyte: Will Whistler-Brown

10:15am

Eucharistic Ministers:
Grace Nichols
Nancy Noel
Lector: Jason Roddick
Ushers: Bart Slatton & Gail Miller
Acolytes: S: Cindy Lackey
C: Becky Lackey
T: Heather Braucksick
T: Ben McCune

Please note: Acolytes need to be robed 15 minutes prior to the service.

If you find that you cannot serve, please find a replacement and notify the church office so the bulletin will reflect the change. Thank you.

SIGNATURE BOX

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 1.5 lb. Top Sirloin Steaks (4 x 6 oz.)
- 1.5 lb. Boneless Pork Roast
- 2 lb. IQF Boneless/Skinless Chicken Breast
- 2 lb. Lasagna with Meat Sauce
- 1.5 lb. Fully Cooked Boneless Chicken Drumsticks
(Brand New Item! Exclusive to AFM)
- 1 lb. Lean Ground Beef
- 1 lb. Frozen Baby Limas
- 1 lb. Frozen Green Beans
- 1 lb. Broccoli Florets
- 1 lb. Rice
- 1 lb. Pasta
- 28 oz. Pasta Sauce
- 1 lb. Fresh Carrots
- 4 ct. Large Baking Potatoes
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

\$30.00

SENIOR & CONVENIENCE MEALS

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Chicken Parmesan** with Brussels sprouts & zucchini
- Charbroiled Beef Patty** with mashed potatoes, carrots & corn blend
- Macaroni & Beef** with noodles, carrots & zucchini blend
- Lemon Pepper Fish** with rice, peas & zucchini blend
- Mesquite Chicken** with rice, carrots & green beans
- Spaghetti & Meatballs** with corn, peas & carrots
- Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas & broccoli/cauliflower
- Cheese Manicotti** with green beans, peas & carrots
- Chicken & Rice** with Mushroom Sauce, green beans, corn blend
- Macaroni & Cheese** with broccoli & lima beans
- Desserts:** Assorted Cookies, Mixed Fruit Cup, Fig Bar, Strawberry Applesauce, Grape Juice, Apple Juice

\$28.00

5 LB. ALLERGEN-FREE FOOD BOX

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Fillet Patties
- 1 lb. Breaded Chicken Tenders
- 1 lb. Breaded Chicken Nuggets
- 1 lb. Breaded Steak Fingers
- 1 lb. Breaded Chicken Wings

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

\$23.00

6 LB. PREMIUM SEAFOOD VARIETY BOX

Six pounds of the finest quality seafood assortment available.

- 2 lbs. Alaskan Snow Crab Legs
- 1 lb. Large EZ Peel Shrimp
- 2 lbs. Oven Ready Popcorn Shrimp
- 1 lb. Stuffed Crab in Natural Shell (8 ct.)

\$35.00

Specials may be purchased with or without the purchase of a Standard Box above

FEBRUARY SPECIAL #1

6.5 lb. Assorted Meat Grill Box \$23.00

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 2 lb. Boneless Pork Chops (4 x 8 oz.)
- 1.5 lb. Lean Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Mild Italian Sausage Links with Cheese

FEBRUARY SPECIAL #2

5 lb. Assorted Meat & Chicken Combo \$22.00

- 1.5 lb. Kansas City Strips (2 x 12 oz.)
- 1.5 lb. Prime Rib Steak (2 x 12 oz.)
- 2 lb. Gourmet Flavored Boneless Chicken Breast Mesquite (4 x 4 oz.) & Lemon Herb (4 x 4 oz.)

FEBRUARY SPECIAL #3

Stuffed Chicken Variety Pack \$18.00

- 1.5 lb. Chicken Cordon Bleu (4 x 6 oz.)
- 1.5 lb. Broccoli & Cheese (4 x 6 oz.)
- 1.5 lb. Chicken Kiev (4 x 6 oz.)

FEBRUARY SPECIAL #4

Super Value Fajita Kit (5+ lbs.) \$21.00

- 2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
- 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
- 1 lb. Onions & Bell Peppers
- 20 ct. 8" Flour Tortillas

FEBRUARY SPECIAL #5

Premium Fresh Fruit and Veggie Box \$22.00

- 3 lbs. Tree-Ripened Oranges
 - 2 lbs. Premium Red Delicious Apples
 - 1 lb. New Crop Chilean Plums
 - 4 Washington State Anjou Pears
 - 4 Washington State Fuji Apples
 - 4 Tree Ripened Tangerines
 - 2 Tree Ripened Red Grapefruit
 - 6 pack 1 oz. Boxes Premium Sun Dried Raisins
 - 3 lbs. Premium Red A-Size Potatoes
 - 2 lbs. Premium Yellow Onions
 - 1 head Premium Leafy Green Cabbage
 - 1 lb. Premium Whole-Peeled Baby Carrots
 - 1 lb. Dried Pinto Beans
- AFM February 2010 Fruit and Veggie Recipe Sheet

Orders Due: **Sunday, 2/14/2010**
 Distribution Day: **Saturday, 2/27/2010, 8:15-9:30 am**
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318 South Duchesne Drive
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