



June 2009

## ~Trinity Tidings~

Trinity Episcopal Church  
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### ***From the Rector***

This year, the first day of June is also the first day of the Season after Pentecost. Years ago, the name for the Pentecost season in the Church Year was “Trinity Season,” because the First Sunday after Pentecost is always Trinity Sunday.

On the Day of Pentecost, we celebrate what we often call the birthday of the Church, the day the Holy Spirit drove the hidden disciples out into the street, shouting and dancing in joy. Pentecost is ten days after the Ascension, ten days after Jesus says goodbye to his disciples and makes room for the Holy Spirit to begin to act. The disciples have been preparing for the promised gift in prayer and study, shared meals, and the choice of Matthias to fill the place left by Judas Iscariot. Even in these faithful preparations, however, the disciples have been hiding, keeping a low profile, avoiding the religious and Roman authorities. They’ve been doing their work behind closed doors.

Now, they’re out in the marketplace, in the midst of teeming crowds, and they’re making complete spectacles of themselves. Shouting and dancing, they draw all kinds of attention—so much so, that the general opinion is that they must be inebriated, although, as Peter points out, it *is* only nine o’clock in the morning.

The crowds hear in their own several languages what the disciples are saying in Aramaic. Then, Peter speaks to them about the fulfillment of the words of the prophet Joel, “Your sons and your daughters shall prophesy!” Peter speaks further about Jesus Christ, about who he was, what happened to him, and what he and the events around him mean for the people of God. The response is immediate and overwhelming: Three thousand people, Acts tells us, were baptized that day.

Out of necessity, some basic structures came into being: the disciples held things in common; they met daily in the Temple and weekly in homes. As Acts 2 goes on to tell us, “They continued in the apostles’ teaching and fellowship, the breaking of bread, and in the prayers.”

The Day of Pentecost is the birthday of the Church, because that’s the day the Spirit-filled disciples proclaimed Christ for all to hear, and welcomed thousands to share in the Good News.

On June 7, we celebrate the First Sunday after Pentecost, Trinity Sunday. That day is, of course, our feast day as a parish, as we bear the name of the Trinity. It’s our privilege to be named for a doctrine of the church and a metaphor for the mystery of God, rather than for a saint or an event in the life of Christ. It’s our privilege, but it’s harder to talk about a relationship among the three persons of the one God than it is to extol a saint or emphasize the importance of a life-event for Jesus. (Yes, I know, your rector is whining . . .)

As my friend, The Rev. Harv Sanders has said more than once, “It’s impossible to talk about the Trinity for more than three minutes without becoming heretical.” Nevertheless, we will try, both to address the doctrine and the relationship of God with God’s own self. We will share in the Lord’s Supper. We will pray and give thanks. At each service also, we will honor graduating young people and adults and pray for them as they reach this milestone and take their next steps forward.

Following each service, we will take further opportunity to contemplate the mysteries of God in a cold, but appetizing way, with Trinity Sunday Sundaes. That’s our tasty tradition, one ice cream, three toppings . . . My friend Harv is right!

### ***Play and Pray on Father’s Day!***

On June 21, we will do something a little different with Sunday worship. Our 8 a.m. service will be held here at Trinity in the church, as usual. *Our 10:15 a.m. service will be held in Shelter 3 at Blanchette Park (near the Boys’ and Girls’ Club).* At both services, we will use a pre-Nicene liturgy, a Eucharistic prayer written *before* the year 325, *before* the Council of Nicaea.

In doing so, we will see two thousand years of continuity in what we do and say at the Lord’s Table, and share worship with friends from Park Ridge. Following the service in the park, the Men’s Club will feed us hot dogs and chips.

## ABOUT OUR PARISH FAMILY

### June Birthday Wishes To:



Cullen Verville	6/04
Melanie Sbanotto	6/05
Dan Ramage	6/10
Joyce Slatton	6/14
Elijah Bowen	6/15
Judy Bruns	6/16
Holly Murray	6/16
Liz Meyer	6/18
James Hood	6/21
Sarah Horning	6/21
David Bowen	6/22
Joshua Kupka	6/26
Jason Pearia	6/28
Pete Rankin	6/29
Genoff Quarterman	6/29
Gail Johnston	6/30

**Thanksgivings:** For our Confirmands; Robin Hersey Longton and Cameron Garrison Nichols and for the Reception of Jason Michaile Roddick, confirmed at Christ Church Cathedral on Saturday, May16.

For weddings this month at Trinity of Wendy Bordogna and Brett Grassmuck; Amy Hoelting and Craig Lackey; Julie Hart and Bill Cramer; and the Renewal of Vows of Rob and Kathy Longton. We wish a blessed future together to each of these couples.

**Departed:** *Robert Cooper*, uncle of Diane Allen; *James Lewis Warren*, cousin of Bill Warren.. May their souls and the souls of all the departed through the mercy of God, rest in peace.

Please contact the office at 636-949-0160 if your birthday or anniversary was not included so we can enter it into the computer.

*Trinity Tidings*

Articles for the Trinity Tidings can be emailed to Deanna Miller at [dymiller@charter.net](mailto:dymiller@charter.net).

### June Anniversaries



William & Linda Groce	6/07
John & Sandy Lillard	6/07
Robert & Jean Urquhart	6/15
Marty & Mary Parrella	6/15
William & Pam Boker	6/28

## Centering Prayer Group

*Starting on Monday, June 1,  
2009 at 10 am and/or 6 pm at  
Trinity.*

*Learn what it is  
learn how to do it  
join us in silent contemplative  
prayer.*



*Contact Carol Nicholson for  
information.*

## DO YOU NEED A PRAYER?

If you would like someone to pray for a friend, please place your requests little box on the table in the entrance Church. Your requests are kept confidential, and prayers will be said everyday for one week.



you or  
in the  
of the  
for you

We all need help sometimes, so please don't be afraid to ask for a prayer! We are here to help each other get through the rough times and the good times!

## LET US PRAY FOR YOU!

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## HAPPY BAPTISMAL ANNIVERSARY



*Nancy Noel  
Ann Mason*

You mark a place in your journey of formation today. Celebrating this anniversary reminds us, challenges us, and encourages us, to follow Christ Jesus. God Bless you as you celebrate the anniversary of your baptism.

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## PRAYER SHAWL

We gather together Wednesday of each knit, crochet, teach, as we work on our shawls. Please join us if you would like to be part of this Ministry. We gave 3 shawls to the Oncology Department at St. Joseph's Hospital for patients receiving their chemo treatments as an outpatient. We also gave some shawls to the graduating students in our congregation.



## MINISTRY

on the 2<sup>nd</sup> & 4<sup>th</sup>  
month to pray,  
exchange ideas

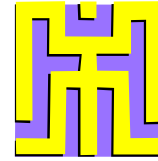
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## PLEASE REMEMBER

To join us on Sunday, June 28<sup>th</sup> at 4:00 pm for our next ... **TAIZE SERVICE**

## PLEASE JOIN US

For a **Walk in the** if you are unable to do the Finger time to share the and continuing to work on our Spiritual Journey Prayer Books on Saturday June 20<sup>th</sup> from 9:30 am to 12 noon.



**Labyrinth**, (or walk, you can Labyrinth), a experience,

Everyone is welcome, and we look forward to your joining us.

Please see Carol or Betty for further information on this event.

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## PRAY & PLAY IN THE PARK SUNDAY, JUNE 21<sup>ST</sup> AT 10:15

We are going out to spread the gospel with our neighbors!

A parishioner (Jon Murray) came up with a wonderful idea, that we have a Service in the Park and invite our neighbors at Parkridge to join us.

The idea caught on and the Worship Committee is planning to have the 10:15 am Service on Sunday, June 21<sup>st</sup> at Blanchette Park, Shelter #3. Tamsen is planning to use one of the very early Liturgies of the Church; John Hawn is planning some easy music to sing, and we may have the use of a keyboard, and we are going to invite our neighbors in the Parkridge community to join us.

After the Service we are going to serve hotdogs, chips and lemonade and honor the fathers among us (as it will be Father's Day).

We will have the regular 8:00 am Service at Trinity for those who are unable to join us in the Park.

Dress is casual. You are invited to join us as we take the gospel of the love of Jesus Christ to those outside the church.

## JUNE SERVING SCHEDULE

**June 7, 2009**

**Trinity Sunday**

**8am**

Eucharistic Minister

John Nichols

Usher: Bill Warren

Acolyte: Will Whistler-Brown

**10:15am**

Eucharistic Ministers

Mark Vogel & Grace Nichols

Lector: Mike Nichols

Ushers: Judy Makins & George Johns

Acolyte: Nancy Noel

**June 14, 2009**

**8am**

Eucharistic Ministers

Pat Willmering

Usher: Bob Sundermeyer

Acolytes: S: Mark Meyer

C: Elijah Bowen

T: Madison Bowen

**10:15am**

Eucharistic Ministers:

Carolyn Hackman

Avril Arthurton-Brudy

Lector: Bob Brown

Ushers: David Bricker & Debra Bricker

Acolytes: S: Cindy Lackey

C: Becky Lackey

T: Heather Braucksick

T: Kendra Braucksick

**June 21, 2009**

**8am**

Eucharistic Minister

Keith Hazelwood

Usher: Pat Willmering

Acolyte: TBA

**10:15am**

Eucharistic Ministers:

Jon Murray & Nancy Noel

Lector: Judy Makins

Ushers: Bob Brown & Holly Murray

Acolytes: S/C: Will Whistler-Brown

T: Ben McCune

T: Kathy Longton

**June 28, 2009**

**8am**

Eucharistic Minister

Bob Brown

Ushers: Bill Verhine

Acolyte: Mark Meyer

**10:15am**

Eucharistic Ministers:

Avril Arthurton-Brudy

Judy Makins

Lector: Barbara Ritter

Ushers: Bob Horning & Jim Gigliotti

Acolyte: Nancy Noel

**July 5, 2009**

**8am**

Eucharistic Minister

Keith Hazelwood

Usher: Bill Warren

Acolyte: Nancy Noel

**10:15am**

Eucharistic Ministers:

Carolyn Hackman

Mark Vogel

Lector: Sydney Griffith

Ushers: Judy Makins & George Johns

Acolytes: S: Cindy Lackey

C: Becky Lackey

T: Heather Braucksick

Please Note: Acolytes need to be robed 15 minutes prior to the service.

If you find that you cannot serve, please find a replacement and notify the church office so the bulletin will reflect the change.

Thank you.

**SIGNATURE BOX**

*Balanced nutrition and variety with enough food to feed a family of four for a week.*

- 1.5 lb. Ribeye Steaks (4 x 6 oz.)
- 2 lb. Homestyle Lasagna Dinner Entrée
- 2 lb. Beef and Bean Burritos (8 x 4 oz.)
- 2 lb. Boneless/Skinless Chicken Breast Chunks
- 28 oz. Jumbo Beef Pattie Entrée with Gravy
- 1 lb. Lean Ground Beef
- 1 lb. All Meat Hotdog
- 10 oz. Individually Wrapped Sliced Cheese (16 slice)
- 20 oz. Shoestring Fries
- 1 lb. Broccoli Cuts
- 12 oz. Peanut Butter
- 1 lb. Rice
- 1 lb. Pinto Beans
- 1 lb. Margarine Tub (Zero Grams Trans Fat)
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

**\$30.00**

**SENIOR & CONVENIENCE MEALS**

***For Seniors or People on the Go!***

*Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.*

**Home-Style Meatloaf with Zesty Tomato Sauce,** Diced Rutabagas and Lima Beans

**Beef Stroganoff with Sour Cream,** Winter Blend Vegetables and Diced Apples with Cinnamon Sauce

**Sliced Roast Beef & Gravy with Vegetables,** Diced Potatoes and Green Peas

**Breaded Veal Patty** with Mixed Greens and Diced Sweet Potatoes

**Char-Broiled Beef Meatballs** with Rice & Gravy, Peas & Carrots and Lima Beans

**Savory Seasoned Baked Chicken Leg Quarter** with Broccoli and Black-Eyed Peas

**Chinese Style Chicken Chop Suey** with Corn and Green Peas with Onions, Mushrooms and Red Peppers

**Grilled Chicken Strips with Tangy Sweet & Sour Sauce,** Spinach and Mexicorn

**BBQ Pork Rib Patty** with Sweet Potato Casserole and Green Peas

**Asian-Style Pork Fried Rice** with Ginger Carrots and Cabbage

**10 2-pack, individually-wrapped cookies**

**\$28.00**

**ALLERGEN-FREE FOOD BOX**

*Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!*

- 1 lb. Breaded Chicken Tenders
- 1 lb. Breaded Chicken Breast Chunk (Boneless Wing)
- 1 lb. Breaded Chicken Nuggets
- 1 lb. Breaded Chicken Patties
- 1 lb. Breaded Steak Fingers

*Battered with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika.*

*Breaded with white rice, brown rice, modified tapioca starch, flax seed, sugar, dextrose, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika.*

*Breading is pre-browned in Canola oil.*

**\$25.00**

**SEAFOOD BOX**

*Six pounds of the finest quality seafood assortment available.*

- 2 lb. Alaskan Salmon Fillets (8 x 4 oz. fillets)
- 2 lb. Breaded Flounder Fillets (5 oz.-8 oz. fillets)
- 2 lb. IQF Large Shrimp (E-Z Peel & Deveined — 26-31 per lb.)

**\$35.00**

\*\*\*One or More Specials Available Only With the Purchase of Any of the Standard Boxes Above \*\*\*

**JUNE SPECIAL #1**

**7 lb. Assorted Meat Grill Box**

**\$23.00**

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 2 lb. Thick-Cut Boston Butt Chops (4 x 8 oz.)
- 2 lb. Baby Back Ribs
- 1.5 lb. Bratwurst with Cheese

**JUNE SPECIAL #2**

**4.5 lb. Meat & Chicken Combo**

**\$22.00**

- 1.5 lb. Bone-In Ribeye Steaks (2 x 12 oz.)
- 1.5 lb. Sirloin Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Chicken Breast (4 x 6 oz.)

**JUNE SPECIAL #3**

**11 lb. Chicken Combo Box**

**\$22.00**

- 4.5 lb. (avg.) Perdue Whole Bird
- 3 lb. Split Chicken Breast
- 2 lb. Breaded Tenders
- 1.5 lb. Boneless/Skinless Chicken Breast

**JUNE SPECIAL #4**

**Fresh Fruit and Veggie Box**

**\$22.00**

- 1 each Sweet Vine-Ripened Red Seedless Watermelon
- 1 each Large Sweet Vine-Ripened Cantaloupe
- 2 each Large Tree-Ripened Mangoes
- 3 lb. Premium Tree-Ripened Valencia Oranges
- 1 lb. Premium Vine-Ripened Kiwi Fruit (5-6 Kiwis)
- 4 ears Premium Super-Sweet Yellow Corn
- 2 each Premium Fresh Zucchini Squash
- 2 each Premium Fresh Yellow Squash
- 2 lb. Premium Sweet Vidalia Onions
- 1 head Premium Fresh Green Cabbage
- 1 head Premium California Iceberg Lettuce
- 3 lb. Premium Idaho Baking Potatoes
- 1 Bottle Zesty Italian Salad Dressing and Marinade (16 oz.)
- AFM June 2009 Fruit and Veggie Recipe Sheet

**JUNE SPECIAL #5**

**"Latin Flavors" Fresh Fruit and Veggie Box**

**\$22.00**

- 1 each Premium Vine-Ripened Cantaloupe
- 4 each Premium California Hass Avocados
- 2 lb. Premium Fresh Key Limes
- 1 each Premium Gold Pineapple
- 2 each Premium Fresh Green Plantains
- 2 each Premium Tree-Ripened Mangoes
- 1 head Premium California Iceberg Lettuce
- 2 each Fresh Yucca Root
- 1 each Fresh Jicama
- 1 Package Premium Yellow Corn Tortillas (30 ct.)
- 2 lb. Premium Large-Medium White Onions
- 1 lb. Premium Fresh Cello-Pack Carrots
- 1 lb. Premium Fresh Jalapeño Peppers
- 5 ct. Premium Garlic
- AFM June 2009 "Latin Flavors" Recipe Sheet

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