



December 2009

~ Trinity Tidings ~

Trinity Episcopal Church

318 S. Duchesne Drive, St. Charles, MO 63301-636-949-0160 – FAX 636-949-0730
trinityepiscopal318@yahoo.com www.trinity-stcharles.org



From the Rector

Happy New Year! That's how I greeted the people attending worship on Nov. 29, the First Sunday of Advent. Happy New Year, on the first day of the new year of the Church! I talked a little about time, and how we understand it. Generally, we think of time as a continuum: We're in the present right now, the future just ahead, the past behind. Every minute we move into the next "present," and so on.

The seasons of the Church Year form a circle, beginning always with Advent, four Sundays before Christmas, moving through Christmas, Epiphany, Lent, Easter, Pentecost, and the Season after Pentecost. We always live both in the Church Year and in the secular calendar. It's in Advent where we find the most striking contrasts between the Church and the rest of the world, even the Church and our own yards and living rooms.

In the Church, we sing hymns of hope and expectation, of waiting and watching, Advent hymns, often in a minor key. In our cars and in stores, we hear all sorts of Christmas music, loud and cheery, bright and bouncy. The concept of the Twelve Days of Christmas has become an advertising gimmick, referring to twelve days BEFORE Christmas, not the Twelve Days OF the Christmas Season, beginning on Christmas Eve.

In the Church, we have a simple Advent wreath, a new banner each week, lavender (purple) altar hangings, no red or gold or green. On the fourth Sunday of Advent, after Church, we will bring out the Christmas decorations and hang the greens for Christmas—then, when everyone else takes down their decorations, we'll be enjoying ours till Jan. 6.

We're a little off, you see, by the standards set for us by commercial interests and what seems to be a general American approach to getting things done yesterday. To do things ahead is usually more efficient, but it leaves no time for reflection and prayer as part of preparation for what comes next. We may become so focused on "getting it done," that we forget why it is we're decorating in the first place. We may forget that what we celebrate is really a life-changing, world-shaking event. The Church is here to help us see things differently, and somewhat more slowly.

To this end, we make Advent wreaths for home use on Advent 1, and we give you small booklets to help you in your home prayer and reflection. A calendar—*Slow Down. Quiet. It's Advent!*—is also available for you in the Narthex (the back of the Church). Take it home and hang it where you can see it, and perhaps color in the days as they pass. (We put it on the door in our family room, then surround it with Christmas cards as they arrive.)

Singing songs of expectation, we await a great and wondrous gift, the birth of the Messiah, the Christ, to lead us into all peace. *Singing songs of expectation*, we await also the Second Coming of the Christ, when all things will be made plain, the rough places smooth, the pathway clear and level. *Singing songs of expectation*, we await the light of God.

I invite you to immerse yourself in Advent, in the semi-darkness, in the candlelight, in the cloud of memories and the recognition of pain and loss, and in the hope and joy to come. This is a deep and difficult time; but, it's also a time to renew, to recommit, to repent, and to receive. Advent blessings to you, and Christmas light! —TEW

Thank You! Thank You! Thank You!

We thank the Men's Club for their heroic efforts with the shrub, tree, weed, and stuff-removal behind and to the side of the Church. We can see Lindenwood, which has not been possible for some time. Neatly stacked behind the church is wood, which is available to Scout troops and our youth to use for well-controlled bonfires or campfires. In particular, we thank *Bill Verhine, Bob Blattman, John Nichols, Bill Warren, and David Bricker* for early morning work, rain or shine, to make Trinity Church a welcoming, attractive place!

We thank *Liz and Harlan Meyer, Grace Nichols*, and all those who worked so hard to make our second annual Trivia Night a roaring success! Friends, family & parishioners played; but also people who saw fliers, read the newspaper, or looked at our website! Great job!

We thank the *Choir, John Hawn, Val Lanning, and Jacking Halter* for a grand, Grand Night! The church was transformed, the music was great, and the appetizers were delicious!

ABOUT OUR PARISH FAMILY

December Birthday Wishes



Valeria Bartlett	12/01
Mary Hagan	12/02
Justin Tejero	12/07
Mary Kamada	12/08
Cheryl Larkin	12/09
Justin Boker	12/09
Audrey Slatton	12/09
Mark Huskison	12/11
Carol Nicholson	12/12
Jon Murray	12/13
Richard Lanning	12/14
Sarah Crain	12/17
Lisa Pearia	12/19
Robert Grisham	12/28
Gene Gutgesell	12/29
Paula Herman	12/30
Mary Bordogna	12/30
Jim Evans	12/31

December Anniversaries



Jon & Holly Murray	12/12
John & Grace Nichols	12/26

Departed

Jo Ann (Holzhauser) King, wife of Ray King, former member of Trinity Church, Nov. 29; The Rev. *Irene C. Jones*, Assistant at St. Stephen's Church/Ferguson, Nov. 25; *Scott Daniels*, in Arizona, son of Bob and Carolyn Daniels, members of Transfiguration Church/Lake St. Louis, Nov. 13; *Paul Blum*, member of Trinity and friend of Judy Makins; *Lillian Rouchian*, friend of Babs Fairchild and member of Holy Communion/University City; *Deborah Beck*, friend of Trinity parishioners.

Thanksgivings

For the birth Nov. 18 of *Zachary Keene Sirtack*, great-grandson of Eddy Smith and the late Keene Smith; for Eagle Scout Rank awarded to *Cameron Nichols* (Eagle Award Ceremony to be in January); for the 50th Wedding Anniversary, Nov. 14, of *Robert and Barbara Gossow*; for the 25th Wedding Anniversary Nov. 24 of *Harlan and Liz Meyer*; for the Baptism, November 1 of *Annalesa Nadine Bax*,

Please contact the office at 636-949-0160 to add your birthday or anniversary to the parish list in our computer.

Trinity Tidings

Articles for the *Trinity Tidings* can be e-mailed to Deanna Miller at dvmler@charter.net.

DO YOU NEED A PRAYER?



If you would like someone to pray for you or a friend, please place your requests in the little box on the table in the entrance of the Church. Your requests are kept confidential, and prayers will be said for you everyday for one week.

We all need help sometimes, so please don't be afraid to ask for a prayer! We are here to help each other get through the rough times and the good times!

LET US PRAY FOR YOU!

HAPPY BAPTISMAL ANNIVERSARY



Judy Hodge

You mark a place in your journey of formation today. Celebrating this anniversary reminds us, challenges us, and encourages us, to follow Christ Jesus.

God Bless you as you celebrate the anniversary of your baptism.

WHAT A WONDERFUL HAD!



TIME WE HAD!

The **Thanksgiving Dinner** we hosted for the **International Students at Lindenwood** on Sunday, November 15th turned out to be a **WONDERFUL** event!

We entertained about 15 students and with our parishioners we had about 45 people at the lunch. We had lots of food, fun and fellowship. Some of the comments we have heard are, *'Please thank your Church members for their love and warmth and for all the delicious food they prepared for us,'* and *'I like the idea of having a meal once a month at your Church.'*

We entertained students from Kenya, Mexico, Ecuador, Panama, Taiwan, China, Georgia, Turkey and Mongolia.

We offered to plan a home cooked meal one Sunday afternoon per month for the students, and they were delighted at the idea. *Cafeteria food gets rather old after a while!*

We are just in the planning stages for this event, and if you would like to help please let us know.

Thank you to everyone who planned, cooked, helped to decorate, brought food even if they could not attend the dinner, helped to set up and clean up, and who attended the dinner. It was just a delightful afternoon.

"A person is a person through other persons"
~ African Proverb

KNITTING GROUP NEWS

The Knitting Group making scarves and the Youth-in-Need



will be hats for Tree. If

anyone likes to knit, scarves are very easy to make, and we would love you to join us.

The Knitting Group will only meet **once** in December, on Wednesday the 9th.

Thank you

Betty

The **CREATOR** made Christmas possible;
FRIENDS make Christmas beautiful;
MUSIC makes Christmas festive;
GIVING makes Christmas joyous;
LOVE makes Christmas complete.

NEWS OF OUR GROUPS . . .

The **SINGLES** Group is up and running. If you are interested in joining this Group please contact Carol Nicholson or Peggy Unser.

The **YOUTH** are working on gathering our young people together... more to come on this group.

The **YOUNG FAMILIES** Group has had one event and we hope to hear from them soon as to what their next event will be.

That leaves the **MATURE GROUP**....

This group is for anyone **50 years of age and over** who would like to get together and have some FUN!

We will have our first Get Together in January 2010, and we will advise on a date for us to meet. In the meantime, please think of some ideas and activities that you would like to do with other mature people in the congregation.

If you are Single and are over 50 years old, you may be part of either or both the Singles and the Mature Group.

Christmas Outreach "Trim Our Tree" for Youth in Need (YIN)

As our Thanksgiving "GivingTree" is packed and delivered to the Salvation Army, a Christmas tree will appear in the narthex. Please help "decorate" it with warm mittens, gloves, hats, scarves and socks for the children at Youth in Need (YIN). Boys' and girls' sizes from birth through teenagers and young adults are needed.

See the extensive 2009 Holiday Wish List on the bulletin board in the reception area if you wish to donate other gifts. Your donations help insure YIN clients receive a "special present" during the holiday season.

YIN provides residential treatment, early childhood education, street outreach, counseling, and before and after school programs to more than 10,000 children, teens and families each year. YIN offers services at 25 sites in St. Louis City, St. Charles City, and St. Charles, Lincoln, Warren and Montgomery Counties. For more information, see their website at www.youthinneed.org.

Please bring all donations by Sunday, December 13. We will deliver them to YIN on Monday, December 14.

A PRAYER FOR TRINITY

Almighty God, who through your Son Jesus Christ and the Holy Spirit, gave the gift of the Church through His apostles: Help us to nurture, sustain and grow our Church, Trinity, to be a light in the darkness, a haven for believers and a shelter to those in need. Grant us the strength of thy Holy Spirit to discern and continue your work, we trust in you, your Son Jesus Christ, through the unity of Holy Spirit, one God for ever and ever. Amen.

Something to think about . . .

As we approach the Blessed Season of Christmas, let us remember the birth of our Savior, Jesus Christ, who was born in a lowly manger, and who brought **Love, Hope & Joy** to a hurting world.

How can we pass on the Love, Hope and Joy we feel to others? How can we bring **Hope** to someone who has given up on life because everything seems to be going wrong? How can we show **Love** to someone who feels alone, lost and is hurting; and, how can we bring **Joy** to someone who lives a lonely, unhappy life?

Reach out, and do something for someone you know, or do not know, and share the gift that we have been given, the gifts of **Love, Hope, and Joy**. Be an  Angel to someone this Season; depending on us to share what He gave us. Christ is

A Blessed Christmas to you all.
Betty Bowen

Good-Bye to Katie Lillard!

On Sunday, Dec. 6, we will say goodbye to Katie Lillard, active member of Trinity since she was a child. Most recently, she has been Christian Education Director and has organized Vacation Bible School. At the end of November, she organized the Advent Wreath-Making Event in our Parish Hall.

Katie has a degree in Family and Consumer Science from Fontbonne University, and will begin an on-line Master's degree program with Mizzou in January. Katie is moving to Pittsburgh to join her parents, John and Sandy, to whom we said a sad farewell in June.

Come on Sunday, St. Nicholas Day, to wish Katie well, bless her on her way, and thank her for all she's given to Trinity!

Book Group Reads Sheepishly!

Three Bags Full: A Sheep Detective Story,
by Leonie Swann

Thursday, Jan. 7, 2 pm, Trinity Library

Here's what the book-jacket has to say:

Three Bags Full is a witty, philosophical murder mystery with a charming twist – the detectives are sheep determined to discover who killed their beloved shepherd. On a hillside near the Irish village of Glenkill, the members of the flock gather around George, their shepherd, whose body lies pinned to the ground with a spade. George has cared for the sheep, reading them a plethora of books every night. The daily exposure to literature has made them far savvier about the workings of the human mind than your average sheep. Led by Miss Maple, the smartest sheep in Glenkill, and possibly the world, they set out to find George's killer.

Along the way, the sheep confront their all-too-human struggles with guilt, misdeeds and unrequited love. *Three Bags Full* is already an international hit.

Come to the discussion of this independent, funny, fresh and endearing book. It will introduce you to a wonderful new breed of detectives!

“JESUS BREAK”

Begins

Sunday, January 10, 2010

10:15 am

Trinity encourages all children to attend Worship Services. A nursery is available for children four and under. Children's activity bags, for use during the service, are also available in the Narthex (entrance area at the rear of the Church). However, we know at times that it can be difficult for elementary age children to sit quietly during worship.

On Sunday, Jan 10, 2010, “JESUS BREAK” will begin at 10:15 am for elementary-age children in the Saint Agnes Room, upstairs. Children will learn about what happens during worship, i.e., why Episcopalians do and believe certain things, how to follow the service, how to use the *Book of Common Prayer* and the *Hymnal*. Each Sunday, children will be brought to the Church at the Peace for Communion.

Children may not want to attend “JESUS BREAK” if they are already comfortable in church and have an understanding of the Order of Worship; but they are welcome to do so. This program will run through March, at which time the Education Committee will evaluate the program to see if it should continue. Please call Jan Peery, 636-724-1690, if you have any questions.

Christmas Flowers

Parishioners who wish to honor/remember loved ones at our Christmas services are invited to do so by signing up on the bulletin board in the Reception Area. Donations for poinsettias may be placed in the offering plate or turned in to the Church Office. Please mark your gift “Christmas Flowers,” for accurate accounting. Flowers will be distributed to shut-ins, hospital patients, and nursing home residents on 12/27.

News To Know

Two Sundays in January will be days for ONE SERVICE ONLY!

The Annual Parish Meeting for Trinity Church is scheduled for January 24, 2010, beginning with one service at 9 a.m.

The following Sunday, January 31, 2010, our Bishop, George Wayne Smith, will make his visitation to Trinity Church. That day, we will have one service only, also beginning at 9 a.m.

Both of these services will be very special events.

At the Annual Parish Meeting, we will elect Vestry members, Nominating Committee members, Diocesan Convention Delegates, and at-large members of our Endowment Committee; accept the Budget approved by the Vestry; and confirm persons elected to the Memorial Garden Committee.

We will also honor various parishioners, meet our Confirmation class, and recognize committees for the work they do.

All Baptized Communicants of the Church in good standing, age 16 or older, are eligible to vote in the Annual Parish Meeting. Persons new to Trinity must have been in regular attendance for a minimum of six months to be eligible to vote.

When Bishop Smith visits, we will hear about his recent trip to Lui in Sudan, discuss diocesan work in Making Disciples, Building Congregations for the Life of the World, and share our involvement in the pilot project for Missional Congregations.

Cathedral Book Store Here December 13
Purchase Books, Gifts
9 a.m. to Noon

Christmas at Trinity

December 20: Advent 4

9:30 a.m. ONE SERVICE ONLY

Cantata, *Emmanuel*, & Communion

11:30 a.m. Chili & Soup Lunch

12:30 – 3 p.m. Hanging of the Greens, Caroling, Compline Service, & Dessert

December 22: Tuesday in Advent 4

4 p.m. Pageant Practice & Pizza Party

December 24: Christmas Eve

5 p.m. Pageant & Communion

10:30 p.m. Special Music

11 p.m. Festival Holy Eucharist

December 25: Christmas Day

11 a.m. Carols & Communion

December 27: Christmas I

8 a.m. Holy Eucharist

10:15 a.m. Lessons & Carols

January 3: Christmas II

8 a.m. Holy Eucharist, Rite I

10:15 a.m. Holy Eucharist, Rite II

January 6: The Epiphany

6:30 p.m. Service of Light

7:15 p.m. Epiphany Cake

7:30 p.m. De-greening the Church

December 6, 2009

8 am

Eucharistic Minister
Bob Brown
Usher: Bill Warren
Acolyte: Will Whistler-Brown

10:15 am

Eucharistic Ministers
Nancy Noel
Grace Nichols
Lector: Avril Arthurton-Brudy
Ushers: Judy Makins & Gail Miller
Acolytes: S/C: Jessica Heupel
T: Kathy Longton; T: Jesse Longton

December 13, 2009

8 am

Eucharistic Ministers
Keith Hazelwood
Usher: Bob Sundermeyer
Acolytes: S: Mark Meyer
C: Elijah Bowen; T: Madison Bowen

10:15 am

Eucharistic Ministers:
Judy Makins
Mark Vogel
Lector: Bob Brown
Ushers: David Bricker & Debra Bricker
Acolytes: S/C: Will Whistler Brown
T: Heather Braucksick
T: Kendra Braucksick

December 20, 2009

9:30 am ONE SERVICE ONLY

Hanging of the Greens

Eucharistic Minister
Pat Willmering
Jon Murray
Lector: Sydney Griffith
Usher: Bob Brown & Holly Murray
Acolytes: S: Cindy Lackey
C: Becky Lackey; T: Ben McCune

December 24, 2009

5pm Pageant & Communion

Eucharistic Ministers
John Nichols
Grace Nichols
Usher: Judy Makins
Acolytes: S: Cindy Lackey
C: Becky Lackey; T: Jessica Heupel

December 24 (con't.)

11 pm Festival Eucharist

Eucharistic Ministers:

Jon Murray
Keith Hazelwood
Lector: Barbara Ritter
Ushers: Jim Gigliotti & Holly Murray
Acolytes: S: Mark Meyer; C: Laura Meyer

December 25, 2009

11 am

Eucharistic Minister
Pat Willmering
Usher: Bob Brown
Acolyte: Will Whistler-Brown

December 27, 2009

8 am

Eucharistic Ministers
Jon Nichols
Usher: Keith Dowling
Acolyte: Will Whistler-Brown

10:15 am Lessons & Carols (NO Eucharist)

Lay Readers: Carolyn Hackman
Judy Makins
Jason Rökkick
Ushers: Bob Horning & Jim Gigliotti
Acolytes: S/C: Jessica Heupel
T: Kathy Longton; T: Jesse Longton

January 3, 2010

8 am

Eucharistic Minister
Bob Brown
Usher: Bill Warren
Acolyte: TBA

10:15 am

Eucharistic Ministers:
Nancy Noel
Mark Vogel
Lector: Mike Nichols
Ushers: Judy Makins & Gail Miller
Acolytes: S: Cindy Lackey
C: Becky Lackey
T: Heather & Kendra Braucksick

Wednesday, Jan. 6

6:30 pm Feast of The Epiphany & De-Greening

Need Volunteers to be Lay Readers, Crucifer, & Torches
for the Service of Light & Order for Evening

SIGNATURE BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 1.5 lb. Boneless Pork Roast
- 1 lb. Chicken Breast Fajita Strips
- 1 lb. Lean Ground Beef
- 1.5 lb. All White Meat Chicken Tenders
- 1 lb. Bake or Fry Fish Sticks (32 count)
- 1 lb. Hickory Smoked Center Cut Ham
- 1 lb. Frozen Baby Lima Beans
- 1 lb. Frozen Green Beans
- 2 lb. French Fries
- 2 lb. bag Fresh Apples
- 10 ct. Flour Tortillas
- 32 oz. 2% Shelf Stable Milk Dozen Eggs Dessert

*Steaks in a box of Angel Food are now thicker than ever before. Though there may be fewer steaks in a box, it's the same amount of meat with improved quality and tenderness.

\$30.00

SENIOR & CONVENIENCE MEALS

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Roasted Chicken** with red skin potatoes, sugar snap peas & carrots
- Swedish Meatballs** with pasta, broccoli carrots & red peppers
- Meatloaf & Gravy** with mashed potatoes, peas, carrots, cauliflower
- Sliced Turkey & Dressing** with gravy, corn and green bean/cranberry blend
- Chicken & Broccoli Alfredo** with carrots, zucchini/red peppers
- Chili with Beef & Beans**, corn/red peppers and peas
- Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas and broccoli/cauliflower blend
- Chicken Parmesan and Pasta** with Brussels sprouts and zucchini
- Macaroni & Beef** with noodles, carrots zucchini/red peppers
- Chicken & Noodles** with corn, Brussels sprouts
- Dessert:** Assorted Cookies, Pineapple Fruit Cup, Strawberry Applesauce, Mixed Fruit Cup, Apple Juice, Cranberry Juice

\$28.00

5 LB. ALLERGEN-FREE FOOD BOX

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Tenders
- 2 lbs. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steak

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.



\$23.00

Specials may now be purchased with or without the purchase of any of the Standard Boxes listed above*

DECEMBER SPECIAL #1

\$22.00

6 lb. Assorted Meat Grill Box

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Hamburger Steaks (4 x 6 oz.)
- 2 lb. Pork Chops (4 x 8 oz.)
- 1 lb. Mild Italian Sausage with Cheese

DECEMBER SPECIAL #2

\$21.00

4.5 lb. Steak Combo

- 2.5 lb. Ribeye Steaks (4 x 10 oz.)
- 2 lb. Sirloin Strip Steaks (4 x 8 oz.)

DECEMBER SPECIAL #3

\$20.00

10 lb. IQF Unbreaded Poultry Box

- 3 lbs. Split IQF Tyson Cornish Hens
- 2.5 lb. IQF Split Chicken Breast
- 2.5 lb. IQF Chicken Thigh Quarters
- 2 lb. IQF Chicken Tenders (Unbreaded)

DECEMBER SPECIAL #4

\$18.00

Holiday Meat and Cheese Special

- 3 9 oz. Sausage Variety (1 beef summer sausage, 1 beef salami, 1 summer sausage)
- 3 7 oz. Wisconsin Cheese Bars (1 Cheddar, 1 Swiss and 1 Smokey)

DECEMBER SPECIAL #5

\$22.00

Premium Fresh Fruit and Veggie Box

- 3 lb. New Crop North Carolina Sweet Potatoes
- 4 Large Russet Baking Potatoes
- 3 lb. bag Large-Medium Yellow Onions
- 1 head Fresh Green Cabbage
- 1 lb. Fresh Cello-Packed Carrots
- 1 stalk Fresh Cello-Packed Celery
- 4 California Lemons
- 6 Large Tree-Ripened Oranges
- 4 Large Premium Grapefruit
- 1 Large Tree-Ripened Mango
- 1 Large Premium Haas Avocado
- 1 lb. California Kiwi Fruit

DECEMBER SPECIAL #6

\$26.00

Assorted Holiday Fruit Special

- 5 Ruby Red Grapefruit
- 12 Tree-Ripened Navel Oranges
- 5 Tree-Ripened Tangerines
- 5 Extra Fancy Red Rome Apples
- 4 Extra Fancy Golden Delicious Apples
- 4 Extra Fancy Red Delicious Apples
- 4 Extra Fancy Granny Smith Apples
- 4 Extra Fancy Gala Apples
- 4 Extra Fancy Red Anjou Pears
- 6 Sun Kist Fruit Gem Candies

Orders Due: **Contact Your Local Host Site***
 Distribution Day: **Contact Your Local Host Site***
**Please note that some host sites have earlier order deadlines.
 Please contact your local host site for information. Visit our website to locate a host site near you www.angelfoodministries.com*